**Safe Work Practice Work in The Sun**

| **Department/Area:** | **Approved by:** | **Date Created:** | **Review/Revision Date:** |
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| insert text here |  |  |  |

| **Potential Hazard** | **Risk level** |
| --- | --- |
| Awkward/sustained postures - bend, reach, lift |  |
| Forceful exertions - lifting |  |
| Repetitive movements |  |
| Vibration |  |
| Compression |  |
| Sharp points/edges - sharp materials |  |
| Pinch points - bin lids |  |
| Materials falling - bin lids |  |
| Surfaces causing falls - icy, snow in winter |  |
| Moving machinery |  |
| Chemicals |  |
| Biological pathogens - contact with waste |  |
| Electrical |  |
| Extreme heat/cold |  |
| Noise |  |
| Combustibles/flammables |  |
| Risk of falling |  |
| Other |  |

| **Risk control devices, personal protective equipment, and other safety considerations** | **Training/Reference info** |
| --- | --- |
|  |  |

**Note:**

**What are some general safe work practices?**

* **DO** keep track of UV warnings
* **DO** Wear long-sleeved loose-fitting clothing to ensure no exposed skin
* **DO** apply sunscreen with a minimum SPF 15, liberally to all exposed skin at least 15 minutes before sun exposure (General rule of thumb, reapply sunscreen at a 1:1 ratio SPF 30, reapply every 30 minutes etc.)
* **DO** Wear proper sunglasses that allow less than 1% UVB radiation
* **DO** drink plenty of water (not alcohol)
* **DO** ensure that If a sun burn occurs, that it is covered as to not get burned further
* **DO** Seek shelter from the sun if and when possible