**Safe Work Practice** Fall Protection

| **Department/Area:** | **Approved by:** | **Date Created:** | **Review/Revision Date:** |
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| insert text here |  |  |  |

| **Potential Hazard** | **Risk level** |
| --- | --- |
| Awkward/sustained postures - bend, reach, lift |  |
| Forceful exertions - lifting |  |
| Repetitive movements |  |
| Vibration |  |
| Compression |  |
| Sharp points/edges - sharp materials |  |
| Pinch points - bin lids |  |
| Materials falling - bin lids |  |
| Surfaces causing falls - icy, snow in winter |  |
| Moving machinery |  |
| Chemicals |  |
| Biological pathogens - contact with waste |  |
| Electrical |  |
| Extreme heat/cold |  |
| Noise |  |
| Combustibles/flammables |  |
| Risk of falling |  |
| Other |  |

| **Risk control devices, personal protective equipment, and other safety considerations** | **Training/Reference info** |
| --- | --- |
|  |  |

**Potential Health and Safety Hazards**

* Energy hazards; gravity and kinetic.
* Work practice hazards; failure to following established safe work practices and procedures.

**Safe Work Practices**

* Workers must complete a certified fall protection training program.
* Refer to the District’s Fall Protection Program for additional information.
* Fall **prevention** configurations are the preferred form of fall protection.
* Fall **arrest** configurations should only be used when fall prevention systems are not practical or as a back-up to fall prevention.
* At least 2 workers must be present when a restraint or arrest system is used.
* Keep your free fall distance to a minimum.
* Attach the lanyard directly overhead, where practicable.
* Ensure that a fall arrest system is attached to a suitable anchorage point.
* Take into consideration obstructions that are below the work area.
* Ensure that barricades, warning tape and signs identify restricted areas.
* Fall protection equipment must comply with CSA and ANSI standards.
* Do not use defective equipment or components.
* Do not use a harness or lanyard that has arrested a fallen worker.
* Do not attach two lanyards together to make them longer.