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SAFE WORK PRACTICE

Name of Job: Planned Lifts and Suspended Loads	Development Date:	Developed By:	Approved By:	Review Date:
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Possible Hazards Present

Falling Objects	Risk of eye injury from flying particles.	Working at heights	Use of various machinery and tools.
Extreme temperatures when working outdoors.			

Personal Protective Equipment (PPE) and Devices Recommended

Fall Arrest Equipment	Eye Protection	Foot protection	Hearing Protection
Respirator Equipment	Skin Protection		

What are some good general safe work practices?

- **DO** ensure barricades and warning signs are in place.
- **DO** determine the weight of the load.
- **DO** determine the shape and the size of the load.
- **DO** determine the maximum height and final position of the load to be raised.
- **DO** determine the centre of gravity of the load so proper length of slings can be determined
- **DO** ensure that safety inspections are completed on equipment and rigging.
- **DO** ensure potential hazards are identified within the work area.
- **DO** communicate with all personnel involved of potential hazards.
- **DO** ensure clear communications with equipment operators are in place.
- **DO** ensure tag lines are used and constructed of non-conductive material.
- **DO** ensure atmospheric conditions are monitored such as temperature, humidity and wind may affect the operator.
- **DO** ensure you understand proper hand signals.
- **DO** establish load chart rating of crane.

Please note: This document is for information purposes only as a guide. The safe job procedures (SJP) and safe work practices (SWP) created for your workplace should reflect your organizations processes, equipment and hazards as identified by a hazard analysis. Construction Safety Nova Scotia does not assume responsibility for the use of information in this document. If assistance is needed to complete a SWP and SJP for your organization please contact CSNS member services at constructionsafetyns.ca or 1.800.971.3888.