



35 MacDonald Ave,  
Dartmouth, NS, B3B 1C6  
Tel: 902 468 6696  
Toll Free NS: 1 800 971 3888  
Fax: 902 468 8843  
Web: [www.constructionsafetyns.ca](http://www.constructionsafetyns.ca)

## Sample General Safe Work Practice for Jackhammer

Due to high DbA exposure (or noise) when jack hammering all workers must wear hearing protection.

- Inspect air hoses.
- Check hose fittings for tightness and proper inserts are installed.
- Protect hoses from being run over.
- Workers assemble work tools, jackhammer, chisels, hoses etc.
- Workers inspect tools for operating condition.
- Workers assemble hoses and wire up connections.
- Workers check compressor, start, let warm up, and begin jackhammer function.
- Let the jack hammer do the work for you.
- Do not over stretch.
- Maintain safe distance from surrounding objects (pinch points).
- Be aware of jack hammer placement at all times.
- Store tools appropriately. Read and understand the manual that accompanies your plate tamper.
- When the task is completed, shut down the machine and remove it from the work area. Store the machine properly.

Please note: This document is for information purposes only as a guide. The safe job procedures (SJP) and safe work practices (SWP) created for your workplace should reflect your organizations processes, equipment and hazards as identified by a hazard analysis. Construction Safety Nova Scotia does not assume responsibility for the use of information in this document. If assistance is needed to complete a SWP and SJP for your organization please contact CSNS member services at [constructionsafetyns.ca](http://constructionsafetyns.ca) or 1.800.971.3888.