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Sample General Safe Work Practice for Dump Truck

Inspections:

- Conduct a documented pre-trip to inspect the truck to ensure it is in safe operating condition.
- Check the dump box lift mechanism regularly to ensure the pump, reservoir, hoses and other critical components are free of defects and in good working order.
- Check the condition of the brakes and adjust them regularly to ensure they are functioning properly.
- Ensure the required government inspections of the vehicle are conducted and are current.
- Carry all registrations and permits necessary when travelling on public roads.
- Fill in your log book as required.
- Conduct a documented post trip inspection at the end of your day and report any safety issues to the truck mechanic. Have him sign off your log book when the repairs are completed.

Operating:

- Wear your seatbelt at all times when your truck is in motion.
- Make sure you have all the required radio frequencies before you start on a new haul.
- Ask for all the hazard information before you start a new haul.
- Call your kilometers according to the protocol posted at the start of the road.
- If in doubt ask if you are unsure of the calling protocol or if you are on the correct channel.
- Drive with the headlights on at all times.
- Drive within the posted speed limits and/or within safe speeds determined by the conditions of the road.
- Always get into and leave the truck in a safe manner using the handholds provided to prevent slipping and tripping. (Use the 3 point mount/dismount.)
- Stay inside the truck cab or out in front of the unit while being loaded.
- Watch the load being loaded with your mirrors; notify the loader operator right away if you see any issues especially on his blind side.
- Communicate with the loaderman when the loading is complete.
- Check your weight. Do not overload for truck, bridge or road limits.

Please note: This document is for information purposes only as a guide. The safe job procedures (SJP) and safe work practices (SWP) created for your workplace should reflect your organizations processes, equipment and hazards as identified by a hazard analysis. Construction Safety Nova Scotia does not assume responsibility for the use of information in this document. If assistance is needed to complete a SWP and SJP for your organization please contact CSNS member services at constructionsafetyns.ca or 1.800.971.3888.



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Unloading

- Approach the dumping area in a safe manner. Watch for other workers and machinery which might be present. Confirm unloading location with spreader/grader/cat/foreman.
- Follow the safe dumping procedures established at the unloading site.
- Wear required P.P.E. when out of the cab.
- Apply truck parking brake before leaving the cab.

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