

WE STAND

# Strength. Determination. Grit.

CHARACTER TRAITS THAT GET HARD WORK DONE.

The same traits can be a  
**barrier to asking for help.**

SPEAK UP TO

**STANDUP**

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**IT'S OK TO NOT BE OK. BE BRAVE – SPEAK UP  
FOR YOUR TEAM. SPEAK FOR YOURSELF.**

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INFORMATION & RESOURCES AT  
[preventconstructionsuicide.com](http://preventconstructionsuicide.com)



THE NATIONAL SUICIDE  
PREVENTION LIFELINE AT  
1.800.273.TALK (8255) or  
[suicidepreventionlifeline.org](http://suicidepreventionlifeline.org)

CRISIS TEXT LINE |

TEXT **HELLO** TO 741741  
Free, 24/7, Confidential  
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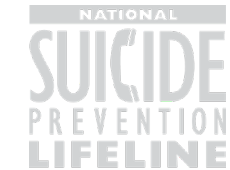
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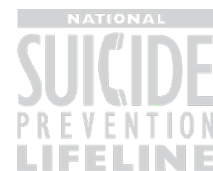
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