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Safe Work Practice

| | | |
|--|---|------------------------------|
| Name of Job: Planned Lifts And Suspended Loads | Development Date: February 21^h, 2011 | Developed By: CSNS |
|--|---|------------------------------|

Possible Hazards Present

| | | | |
|---|--|--------------------|--|
| Falling Objects | Risk of eye injury from flying particles. | Working at heights | Use of various machinery and tools. |
| Extreme temperatures when working outdoors. | | | |

Personal Protective Equipment (PPE) and Devices Recommended

| | | | |
|--------------------------|-----------------|-----------------|--------------------|
| Fall Arrest Equipment | Eye Protection | Foot protection | Hearing Protection |
| Respirator Equipment | Skin Protection | | |

What are some good general safe work practices?

- **DO** ensure barricades and warning signs are in place.
- **DO** determine the weight of the load.
- **DO** determine the shape and the size of the load.
- **DO** determine the maximum height and final position of the load to be raised.
- **DO** determine the centre of gravity of the load so proper length of slings can be determined
- **DO** ensure that safety inspections are completed on equipment and rigging.
- **DO** ensure potential hazards are identified within the work area.
- **DO** communicate with all personnel involved of potential hazards.
- **DO** ensure clear communications with equipment operators are in place.
- **DO** ensure tag lines are used and constructed of non-conductive material.

Please note: This document is for information purposes only as a guide. The safe job procedures (SJP) and safe work practices (SWP) created for your workplace should reflect your organizations processes, equipment and hazards as identified by a hazard analysis. Construction Safety Nova Scotia does not assume responsibility for the use of information in this document. If assistance is needed to complete a SWP and SJP for your organization please contact CSNS member services at constructionsafetyns.ca or 1.800.971.3888.



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- **DO** ensure atmospheric conditions are monitored such as temperature, humidity and wind may affect the operator.
- **DO** ensure you understand proper hand signals.
- **DO** establish load chart rating of crane.

SAMPLE

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