



35 MacDonald Ave,
 Dartmouth, NS, B3B 1C6
 Tel: 902 468 6696
 Toll Free NS: 1 800 971 3888
 Fax: 902 468 8843
 Web: www.constructionsafetyns.ca

Safe Work Practice

Name of Job: Firefighter	Development Date: February 14th, 2011	Developed By: CSNS
------------------------------------	--	------------------------------

Possible Hazards Present

Heat stress	work shifts or extended work days	Back injuries and other strains	overexertion
"Hypoxia"	Exposure to blood borne diseases		

Personal Protective Equipment (PPE) and Devices Recommended

Fire Retardant Gloves	Fire retardant Jacket and Pants /Boots	Self Contained Breathing Apparatus (SCBA).	Proximity suits,
Helmet			

Fire fighters will need to know:

- the risks associated with blood borne diseases. (e.g., AIDS , hepatitis B and C)
- the correct "universal precautions" procedures to prevent blood borne pathogen infection
- hand washing
- proper selection, use, maintenance and storage of PPE, where appropriate
- selection of footwear
- prevention of needle stick injuries
- manual material handling (lifting) techniques
- information about shift work
- how to work alone (general information) and Working Alone - Working With Patients
- working safely on ladders
- how to work safety with compressed gases

All workers should:

- follow company safety rules

Please note: This document is for information purposes only as a guide. The safe job procedures (SJP) and safe work practices (SWP) created for your workplace should reflect your organizations processes, equipment and hazards as identified by a hazard analysis. Construction Safety Nova Scotia does not assume responsibility for the use of information in this document. If assistance is needed to complete a SWP and SJP for your organization please contact CSNS member services at constructionsafetyns.ca or 1.800.971.3888.



35 MacDonald Ave,
Dartmouth, NS, B3B 1C6
Tel: 902 468 6696
Toll Free NS: 1 800 971 3888
Fax: 902 468 8843
Web: www.constructionsafetyns.ca

- know about WHMIS and MSDSs
- know your hazard reporting procedures
- follow good housekeeping procedures.

Please note: This document is for information purposes only as a guide. The safe job procedures (SJP) and safe work practices (SWP) created for your workplace should reflect your organizations processes, equipment and hazards as identified by a hazard analysis. Construction Safety Nova Scotia does not assume responsibility for the use of information in this document. If assistance is needed to complete a SWP and SJP for your organization please contact CSNS member services at constructionsafetyns.ca or 1.800.971.3888.