



35 MacDonald Ave,
Dartmouth, NS, B3B 1C6
Tel: 902 468 6696
Toll Free NS: 1 800 971 3888
Fax: 902 468 8843
Web: www.constructionsafetyns.ca

Safe Work Practice

Name of Job: Construction Worker - General	Development Date: February 7th, 2011	Developed By: CSNS
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Possible Hazards Present

Pain or injury from physical overexertion	Exposure to lead, wood dust, asbestos, paints, solvents, and other toxic chemicals or materials.	Working in extreme temperatures and UV radiation.	Working with hand tools, powered tools and heavy powered equipment
Respiratory and fire hazards from wood dust.	Risk of eye injury from flying particles.	Working at heights	Use of various machinery and tools.

Personal Protective Equipment (PPE) and Devices Recommended

Head protection	Eye Protection	Foot protection	Fall Arrest Equipment
Respirator Equipment	Skin Protection	Hearing Protection	

What are some good general safe work practices?

- **DO** Follow safety procedures for:
 - Confined space entry
 - Working at heights
 - Electrical safety
 - Lockout/tag -out of machinery
 - Machinery
 - Ladders
 - Material handling
 - Working with tools and equipment
- **DO** Practice safe lifting techniques.
- **DO** follow company safety rules.
- **DO** stay informed about chemical hazards, WHMIS and MSDSs.

Please note: This document is for information purposes only as a guide. The safe job procedures (SJP) and safe work practices (SWP) created for your workplace should reflect your organizations processes, equipment and hazards as identified by a hazard analysis. Construction Safety Nova Scotia does not assume responsibility for the use of information in this document. If assistance is needed to complete a SWP and SJP for your organization please contact CSNS member services at constructionsafetyns.ca or 1.800.971.3888.



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- **DO** know how to report a hazard.
- **DO** follow good housekeeping procedures.

SAMPLE

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