**Safe Work Practice**

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| Name of Job:  **Construction Worker -General** | Development Date:  **February 7th, 2011** | Developed By:  **CSNS** |

**Possible Hazards Present**

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| Pain or injury from physical overexertion | Exposure to [lead](http://www.ccohs.ca/oshanswers/chemicals/chem_profiles/lead/), wood dust, asbestos, paints, solvents, and other toxic chemicals or materials. | Working in [extreme temperatures](http://www.ccohs.ca/oshanswers/phys_agents/hot_cold.html) and [UV radiation](http://www.ccohs.ca/oshanswers/phys_agents/ultravioletradiation.html). | Working with [hand tools](http://www.ccohs.ca/oshanswers/safety_haz/hand_tools/), [powered tools](http://www.ccohs.ca/oshanswers/safety_haz/power_tools/) and heavy powered equipment |
| Respiratory and fire hazards from wood dust. | Risk of eye injury from flying particles. | Working at heights | Use of various machinery and tools. |

**Personal Protective Equipment (PPE) and Devices Recommended**

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| Head protection | Eye Protection | Foot protection | Fall Arrest Equipment |
| Respirator Equipment | Skin Protection | Hearing Protection |  |

**What are some good general safe work practices?**

* **DO** Follow safety procedures for:
  + [Confined space](http://www.ccohs.ca/oshanswers/hsprograms/confinedspace_intro.html) entry
  + Working at heights
  + [Electrical](http://www.ccohs.ca/oshanswers/safety_haz/electrical.html) safety
  + Lockout/tag -out of machinery
  + Machinery
  + [Ladders](http://www.ccohs.ca/oshanswers/safety_haz/ladders/)
  + [Material handling](http://www.ccohs.ca/oshanswers/safety_haz/Materials_handling/)
  + Working with tools and equipment
* **DO** Practice safe [lifting](http://www.ccohs.ca/oshanswers/ergonomics/mmh/hlth_haz.html) techniques.
* **DO** follow company safety rules.
* **DO** stay informed about chemical hazards, [WHMIS](http://www.ccohs.ca/oshanswers/legisl/intro_whmis.html) and [MSDSs](http://www.ccohs.ca/oshanswers/legisl/msdss.html).
* **DO** know how to [report a hazard](http://www.ccohs.ca/oshanswers/hsprograms/report.html).
* **DO** follow [good housekeeping](http://www.ccohs.ca/oshanswers/hsprograms/house.html) procedures.