Dennis Lively Construction Backhoe Services Limited

- A Family Business focused on Safety

Beginning in the late 70’s with a single backhoe, Dennis Lively Construction is now one of the largest residential earthworks companies in the HRM. Specializing in tight quarters work, they provide safe solutions to varied projects. Making safety a priority has led the business to decades of success, and winning multiple safety awards, including NSCSA Safest Company. Owner Arni Lively assumed responsibility of the business after his father, Dennis, retired. Arni has led Dennis Lively Construction through multiple expansions allowing them to handle a growing volume in both residential and commercial sectors. COR Certified since 2011, they are committed to doing professional craftsmanship safely, and as residents of the community, they take pride in knowing the facilities they help build will benefit neighbours, friends, and families.

For a complete list of Safety Award Winners, visit our website at nscsa.org.
Justice Halfpenny MacQuarrie’s Words  
a Reminder to Supervisors and Foremen

In a recent sentencing related to a 2010 fatality at Cheticamp work site, Provincial Court Judge Laurel Halfpenny MacQuarrie offered the following in rendering her decision:

“Good people make bad choices and I am left with sentencing for those choices... people in {supervisory} positions, be they the head of an Irving mega company, or a big international mining company, or a small one-man operation, have the same obligations... workplaces require 100% attention to safety” (Allnovascotia.com 2013-09-24)

Supervisors are often the person responsible for maintaining health and safety at the work site. We wanted to share Judge Halfpenny MacQuarrie’s words as a reminder, and to encourage not only supervisors but all workers to remain diligent in light of the risks present in the construction industry every day.

Always remember, your team is counting on you, and as Justice MacQuarrie says “workplaces require 100% attention to safety”.

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<thead>
<tr>
<th></th>
<th>2011</th>
<th>2012</th>
<th>2013</th>
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<tbody>
<tr>
<td>Q1</td>
<td>131</td>
<td>136</td>
<td>114</td>
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<tr>
<td>Q2</td>
<td>171</td>
<td>176</td>
<td>153</td>
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<td>Q3</td>
<td>198</td>
<td>189</td>
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<td>Q4</td>
<td>155</td>
<td>162</td>
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Source: WCB of Nova Scotia
Receive a **rebate** on your WCB Premiums!

Become **COR** Certified before December 31, 2013, and you will automatically receive a rebate on your premiums.

No application is necessary for the rebate. As of October 18, you will have 10 weeks left to become COR Certified and qualify.

**BECOMING COR CERTIFIED IS A 4-STEP SIMPLE PROCESS:**

**STEP 1 COMPLETE THE TRAINING REQUIREMENTS**

TRAINING REQUIREMENTS VARY BASED ON THE NUMBER OF EMPLOYEES IN YOUR COMPANY.

**STEP 2 IMPLEMENT YOUR SAFETY PROGRAM**

APPLY YOUR TRAINING
SET-UP SAFE WORK PRACTICES.

SET-UP SAFE JOB PROCEDURES
COMPREHENSIVE HAZARD ASSESSMENT.

**STEP 3 COMPLETE AND SUBMIT A **COR** EVALUATION**

SELF-EVALUATION OF YOUR COMPLETED SAFETY PROGRAM.

**STEP 4 EXTERNAL REVIEW AND LETTER OF GOOD STANDING**

TO COMPLETE THE PROCESS, SUBMIT YOUR EVALUATION TO THE NSCSA FOR REVIEW. COMPANIES WITH MORE THAN 5 EMPLOYEES WILL BE SUBJECT TO AN EXTERNAL REVIEW.

To learn more, contact COR Supervisor Chris Smith at 902.468.6696 x 35 or csmith@nscsa.org.
WCB Statistical Profile – Patterns and Trends in Injury Claims

These descriptive statistics give us a general idea of what is happening around the province in construction. They provide some evidence which can then be used to inform your safety programs.

Below you will find tables showing: Part of Body, Nature of Injury, Event of Injury, and Source of Injury.

These four categories are part of the WCB’s National Workplace Injury Statistics Program (NWISP). The top 3 codes are cited in each of the categories below.

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<tbody>
<tr>
<td></td>
<td></td>
<td>TRAUMATIC INJURIES TO MUSCLES, TENDONS, LIGAMENTS, JOINTS, ETC.</td>
<td></td>
<td>PERSON-INJURED OR ILL WORKER</td>
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<tr>
<td>BACK, INCLUDING SPINE, SPINAL CORD</td>
<td>28.7%</td>
<td>44.0%</td>
<td></td>
<td>19.0%</td>
<td></td>
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<tr>
<td>LEG(S)</td>
<td>11.6%</td>
<td>TRAUMATIC INJURIES TO BONES, NERVES, SPINAL CORD</td>
<td></td>
<td>FLOORS, WALKWAYS, GROUND SURFACES</td>
<td>15.1%</td>
</tr>
<tr>
<td>FINGER(S), FINGERNAIL(S)</td>
<td>10.3%</td>
<td>OPEN WOUNDS</td>
<td></td>
<td>OTHER SOURCES</td>
<td>11.8%</td>
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<td></td>
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<td></td>
<td></td>
<td></td>
<td>14.1%</td>
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Going forward, you can make use of this information by sharing it with your co-workers, supervisor, or staff. In closing here are some other suggestions that can help you to prevent back injuries at your work site:

Seek-out resources and assistance from the NSCSA, the Workers Compensation Board of Nova Scotia, and the Department of Labour and Advanced Education.

Place an increased emphasis on safe lifting/healthy backs in toolbox talks, JOHS meetings or other times when you discuss safe work.
You will note the high incidence of time-loss claims citing overexertion and traumatic injuries to muscles, tendons, ligaments, joints, etc. The prevalence of these claims shows that unsafe lifting is a particularly hazardous activity.

Pilot a back injury prevention program at your workplace.

Create safe lifting practices that offer guidelines around hazardous work activities.

Explore and implement ergonomic interventions that you’ve designed to reduce lifting hazards.

Focus on Supervisors, invest in training for supervisors and foreman who might recognize hazards early-on before risk becomes injury.

Pass-on and share information about the prevalence of back injuries in construction.
SAFETY NET

Safety Champions

The NSCSA would like to recognize Craig Martin and Chris Hawkins of Atlantic Flushing and Testing, winners of the Safety Champion Award.

Being trained in First Aid, and knowing how to respond in an emergency enabled Craig and Chris to save a co-worker’s life. In December of 2012, a co-worker alerted Chris and Craig—looking for someone with First Aid Training. They responded and found another co-worker unconscious and not breathing behind a table in the fab shop. Quickly assessing the situation, Craig called 911 as Chris began CPR.

Paramedics arrived and determined that their co-worker had suffered a heart attack, and because of their quick response they had kept him alive until medical attention was available.

Because Chris and Craig were proactive in keeping their training up to date they were able to help their co-worker and save his life.

“Not all incidents can be prevented, knowing how to respond prevented this from being a fatality.”

Craig Martin and Chris Hawkins pictured with their coworker Vernon, Minister Maurice Smith, WCB CEO Stuart MacLean and NSCSA Board Chairman Gary Rudolph.
NSCSA Members Stay On Top of Compliance Training

This summer saw changes to the Provincial OH&S Act, and NSCSA members attended Fall Protection update sessions in incredible numbers.

Following changes to Fall Protection training, to keep workers compliant the NSCSA held over 60 update sessions.

In these sessions, 1,891 people were trained and are now compliant with new Fall Protection regulations!

If you have not yet updated your training, visit nscsa.org or call 902.468.6696 or 1.800.971.3888.
Do you have questions regarding your safety program or not sure what something means? Having trouble with your COR Evaluation?

Our team of OH&S Advisors can provide detailed advice, training and assistance to help employers finalize their requirements and put a safety program in place.

Depending on your company’s needs, OHS Services assistance can be a visit, a phone consultation or an extensive onsite consultation. Member services can also take the form of group or association information/consulting sessions.

Contact us today to learn more or book an appointment.
902.468.6696 or toll free. 1.800.971.3888

From reference materials such as the Occupational Health and Safety Act, to Record books such as Toolbox Talk and Vehicle Inspection and Hard Hat Id tags the NSCSA has a wide variety of products to assist with your safety program.

We have recently added two new record books to Products Services for those companies who work from heights above and below 7.5m.

For a complete description of these products, visit us online at nscsa.org under Services & Products then Product Catalogue or call 1.800.971.3888 or 902.468.6696 ext 24.